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October 10, 2021
RESET HABITS

Making spiritually wise decisions frees you to practice grace habits instead of procrastinating.

Make the decision to live for Christ alone.

Questions for Reflection:

- What unspiritual habit needs to be broken in your life?
- What grace habit needs to be reset and practised in your life?

Habits are formed by making a decision, a decision that is wise or unwise.

If we don't make wise decisions based on the truth then we will get carried along by the tide of life and the choices of others.

 1 Corinthians 9:24-27

Run to win.

Train to compete.

Focus on the finish.

Control your impulses.

The goal of self-discipline is to know and enjoy Jesus, to become like Him and to reflect His character to others.

The habits we practice are habits of grace.

❖ **Reset Habits of Grace**

Are my decisions leading me into freedom or bondage?

Be open to learn new things but NEVER leave the basics!

We need to reset habits in our lives to help us live in Christ's victory, compete in the spiritual battle, focus on the finish and control our impulses.