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## Changed By The Spirit

“...continue to work out your salvation with fear and trembling, for it is God who works in you to will and to act in order to fulfil His good purpose.” Philippians 2:12-13

God invites us to partner with Him as we follow Jesus.

We cannot change without Him and we cannot be passive with Him!

📖 1 Peter 1:13-16

The change God works in our lives is not just a renovation, it is a regeneration.

The Holy Spirit wants to bring the hidden things into the light so that they can be made captive instead of us!

“...where the Spirit of the Lord is, there is freedom.” 2 Corinthians 3:17

Often, our escape from dealing with past and present emotional hurt in a healthy way becomes a stronghold.

The escape room that I run to becomes my prison cell.

Our salvation in Christ is robust enough to withstand any competition but we need to work out what God is working within us.

- Confess your strongholds to God.
- Deal with the root and trigger responses to your pain and shame.
- Reject the identity lies of the evil one.
- Give God His rightful place in your life.
- Live as God's beloved children who are complete in Him.
- Maintain fellowship with your brothers and sisters in Christ.

- Live in the light of God's truth.
- Fight the spiritual battle with spiritual weapons in your spiritual armour.
- Enjoy God and the amazing life He has given you.
- Trust in God as your stronghold.

“The Lord is good, a **stronghold** in the day of trouble; He knows those who take refuge in Him,” Nahum 1:7

“The Lord is a **stronghold** for the oppressed, a stronghold in times of trouble.” Psalm 9:9

“The Lord is my rock, and my fortress and my deliverer, my God is my rock in whom I take refuge, my shield, and the horn of my salvation, my **stronghold**.” Psalm 18:2

“The Lord is my light and my salvation - whom shall I fear? The Lord is the **stronghold** of my life - of whom shall I be afraid?” Psalm 27:1

“The salvation of the righteous comes from the Lord; He is their **stronghold** in time of trouble.” Psalm 37:39

“But the Lord has become my **stronghold**, and my God the rock of my refuge.” Psalm 94:22

“He is my steadfast love and my fortress, my **stronghold** and my deliverer, my shield and He in whom I take refuge, who subdues peoples under me.” Psalm 144:2

### Questions for Reflection:

- What are you running from when you don't run to God?
- What discipline is God calling you to practice so that God can change you to become more like Him?