



Pastor Nathan Wachal
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**WHEN YOU BELIEVE IN GOD
BUT STILL WORRY ALL THE TIME**

📖 Matthew 6:25-34

❖ **Jesus says, do not worry about the essentials of your life.**
“...Your Heavenly Father knows that you need them”. v32

- When we live in unbelief about God’s provision, we naturally progress to self-focused living. v32

“For, as I have often told you before and now tell you again even with tears, many live as enemies of the cross of Christ. Their destiny is destruction, their god is their stomach, and their glory is in their shame. Their mind is set on earthly things.” Philippians 3:18-19

- When we live in unbelief about God’s provision, we are no longer free to share what we have been given. v26
- When we live in unbelief about God’s provision, we get stuck. v27

❖ **How do we shift from unbelief to belief in God’s power, promise, and provision when worries rise in us?**

- Confess belief in who God is.

“When I consider your heavens, the work of your fingers, the moon and the stars, which you have set in place, what is mankind that you are mindful of them, human beings that you care for them?” Psalms 8:3-4

“Humble yourselves, therefore, under God’s mighty hand, that He may lift you up in due time. Cast all your anxiety on Him because He cares for you.” 1 Peter 5:6-7

- Surrender your concerns to God, especially about tomorrow. v34

“Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.” Philippians 4:6-7

- Seek His Kingdom and His righteousness today. v33

“The LORD reigns forever; He has established His throne for judgment. He rules the world in righteousness and judges the peoples with equity. The LORD is a refuge for the oppressed, a stronghold in times of trouble. Those who know your name trust in you, for you, LORD, have never forsaken those who seek you.”
Psalm 9:7-10

Questions for Reflection:

- What anxieties do I need to cast on God, so that I can know His care for me?
- What action can I take this week to actively participate in seeking God’s kingdom?